



JULY 10-12, 2009
4-H CAMP, SWANNANOVA, NC

GUEST TEACHER

ERIK BENDIX

(Russian & Ukrainian Dances)

More Applications

www.mountainplayshop.org

The dance traditions of Russia and the Ukraine are extraordinarily rich and varied: they include matriarchal round dances from the Russian heartland, dances of semi-lawless Cossacks from the borderlands, polyphonic village stamping, ballroom dances of 19th century Russian nobility, and Carpathian Mountain dances of western Ukraine. The music and songs that accompany them are full of life and soul. Come join us for a weekend of learning from these traditions, and come take your place in a circle of folk dance enthusiasts from around the Southeast.

Erik Bendix

Erik Bendix has been folk dancing since he was a boy of 10 at an international school in Europe, and has taught folk dance workshops for 37 years. He has been collecting Russian and Ukrainian dances for most of that time, and is thrilled to have a chance to share them.

Erik's dance interests embrace everything from Chinese martial arts to Mevlevi dervish whirling to Balkan village dance collected on trips to Bulgaria and Macedonia. He has played a pivotal role in reintroducing folk dancers in Western Europe to live music, and has been active in recent years in the revival of nearly lost traditions of Yiddish dance.

Erik was also co-founder of Mountain Playshop, which started in 1984.

25th Anniversary



Mountain Playshop 2009

MOUNTAIN PLAYSHOP is a regional dance weekend that attracts dancers from around North Carolina and nearby states to socialize, dance, and relax. You might even learn a dance or two. For 25 years, Playshop has provided both a forum for dancers to learn new material from regional and professional teachers while also offering a beautiful destination for dancers to simply get together with friends to play for the weekend - partying, dancing, sharing meals, reviewing dances, and just plain relaxing in the shade of the Smoky Mountains. This year is no different. Come prepared to sample a few new dances, but come expecting the unexpected. That's why we call it Playshop!

REGISTRATION: Fill out the attached registration form and mail it to the Registrar with a check postmarked by **JULY 3** (for the best rates)! You can register at camp as well.

CAMP START & STOP: For camp set-up volunteers, camp opens Friday, July 10 at 12 noon with registration starting at 4 p.m. We must be off the camp premises by Sunday, July 12 at **12 noon**. *

LOCATION: Swannanoa 4-H Education Center, 170 Woodland Drive, Swannanoa, NC 28778; (828) 686-3196 -- 10 miles east of Asheville, NC.

Go to www.mountainplayshop.org to download directions and a map.

1. From I-40, take EXIT 59 (Swannanoa) and drive north.
2. At the T intersection, turn RIGHT (US 70).
3. At the first light, turn LEFT (Whitson).
4. Cross the river and turn RIGHT (Old US 70).
5. Drive one mile and turn LEFT at Eastwood (4-H sign).
6. Bear RIGHT on Woodland Drive (4-H sign).
7. Enter the 4-H Center at the next yellow gate on the RIGHT.

WHAT TO BRING: The 4-H camp has several enclosed non air-conditioned wooden buildings with screened windows that we use for on-site housing. Each unit is divided into two sections with bunk beds and mattresses, and each unit includes a shared bathroom and shower area. You can select your own unit when you arrive, but each will be clearly marked for men, women, couples, etc.

If you plan to stay at the 4-H camp, bring all your own bedding, toiletries, towels, flashlights, bug spray, sun-screen, umbrella, and anything else that would make your stay comfortable. You also have the option of tenting out as well. Also, bring clothes for all possible weather conditions - from warm to cold!

NEARBY ACCOMMODATIONS: There are several nearby motels, hotels, and bed and breakfast places. But call early to reserve! Comfort Inn, (828) 669-9950, Super 8 Motel Black Mountain, (828) 669-8076, Monte Vista Hotel (828) 669-2119. Also check www.blackmountain.org for other options.

CONTACT FOR QUESTIONS: info@mountainplayshop.org

MORE APPLICATIONS? www.mountainplayshop.org

*** Because we need to leave camp earlier this year, we will not have a formal sit-down lunch. Instead we will be provided with a gourmet brown-bag lunch from our chef, Harriett.**

Mountain Playshop 2009

Registration Form

Early registration is July 3rd (Postmarked)

NAME 1: _____
 NAME 2: _____
 STREET: _____
 CITY: _____
 STATE: _____ ZIP: _____
 PHONE: _____ E-MAIL: _____
 FOOD: Omnivore Vegetarian
 ALLERGIES/SPECIAL NEEDS? _____

CABINS: Women Men Mixed/Family
 OTHER: Tent Motel

FULL TIME CAMP FEES (Full time fee includes workshops and meals)

FULL TIME (Adult)	\$95.00	X _____			\$ _____
TEEN/CHILD	\$45.00	X _____			\$ _____
CABIN	\$30.00 (\$15 per night)	X _____			\$ _____
TENT	\$10.00 (\$5 per night)	X _____			\$ _____
LATE FEE	\$15.00 (after 7/3)				\$ _____
Full time Camp Fees Subtotal					\$ _____

PART TIME "AL LA CARTE" CAMP FEES (Pre-Registration Required)

MEALS \$9.00 (per meal per person, except Sun. lunch)

Fri. Dinner _____	Sat. Breakfast _____	Sat. Lunch _____	
Sat. Dinner _____	Sun. Breakfast _____	Sun. Lunch (\$7) _____	\$ _____

WORKSHOPS \$20.00 (per session per person)

Fri. Teaching/Party _____	Sat. a.m. _____	Sat. p.m. _____
Sun. Review _____		\$ _____

PARTIES \$15.00 (Per party per person)

Sat. Party _____	\$ _____
Al La Carte (Part Time) Subtotal	
\$ _____	

DISCOUNTS (Full Time Attendees Only)

BRING A FRIEND	\$15.00 (Sponsor & Friend each)	\$ (_____)
MUSICIAN	\$15.00 (Per person)	

All payments due at start of camp **TOTAL** \$ _____

Please add me/us to the Playshop e-mail distribution list for announcements.

Make check payable to & mail to: David Auty, 3915 Sunset Maple Ct., Raleigh, NC 27612